

Specialist Training

with Pauline and David McNab



"Empowering you to adapt and thrive in this rapidly changing world"

26 September 2020 to 3 July 2021 · 9 weekends over 9 months in Hamilton, New Zealand

We are "human evolution specialists". If you join our practitioner training, your life and your human journey will change completely.

We are a powerful husband and wife team, with decades of experience. We will teach you how to bring yourself, and your body, alive, and you will put your blockages that you are walking with inside you, to death.

Our promise to all our students is that the person you become, over the 9 months of this course, will barely be recognisable from the student who initially signed up for this course.

Your changes will happen miraculously.

This course will open your eyes, and your heart, to a new world that you (before the course) did not even know existed.

You will become your own hero, and you will inspire everyone that you meet. This course is one of a kind, and the only one at this level in New Zealand. It is presented to you as an opportunity and an investment, in your present and future.

Not only do you need this course, but we see it as a duty to ensure the speeding-up of your personal evolution. After all, we are born to evolve.

All our courses are small and intimate, limited to just 6-8 students, to ensure that David and Pauline do not allow anyone to "fall through the cracks". You are very fortunate to be able to have the opportunity to train with us. This is truly a once in a lifetime experience, and a journey deep into yourself, that you will never forget. Our past students

are all saying that it was the best experience that they have ever had, and something you will always treasure.

Between David and Pauline, they bring 68 years of personal evolution experience to their courses. So you can feel assured that they both know all about the human condition at depth. They have now surpassed all their past teachers, and they are extremely proud of who they are, and their unique teaching style.

Together, David and Pauline make a powerful force, that you will feel right from day one. You will heal yourself, and learn to heal others. Some people do our courses to qualify as professional practitioners themselves, while most use it just for their own benefit, to evolve, and speed up the advancement of their human spiritual and conscious growth.

Come and learn healing from the only two human evolution specialists that we know of within New Zealand. Some people doing our courses have come close to how advanced we are. We have dedicated our own lives to delivering life-changing on-on-one private sessions, and especially, our own powerful dynamic training courses.

Join early for a generous discount. This course is the most profound investment in yourself, your life and your present and future that you will ever make. You will eliminate layer after layer of pain and limitation from the past, and raise your conscious wisdom.

Come and allow us to initiate you into the powerful and amazing person who you really are.

No longer needing to pretend, while walking around with so much pain inside, that is playing havoc with the full creation of your life.

We are completely honest in saying that this course is quite a large challenge, and some people may lack the courage and determination to complete the full nine months and become a certified professional practitioner.

If you feel you are ready to make this commitment, please enrol, because you are the kind of people we most desire to have on this course.

It is quite a tough and full-on course, but at the same time, the bonds that build between students can become stronger than the bonds within your genetic family. In fact, many students find in these courses the real family they've always been looking for.

Divine energy always enters this course.

Testimonials from Past Students

"David and Pauline are catalysts for change and are sincere truth seekers. They are authentic heart centered practitioners.

If you are led to work with them consider yourself to be in the right place at the right time. You may well experience a homecoming. Heartfelt gratitude to you both."

-- Girvan Roberts, Thames

"What an amazing weekend and graduation

Thank you so much Pauline and David...I am eternally grateful for all your hard work and commitment...your skills are outstanding and the course was mind blowing!!!

You are all family to me and I can't put in to words my gratitude to each of you, other than to say I love you with all my heart and soul!

Thank you!"

- Alastair Russell, Auckland

"I do not exaggerate when I credit you, Pauline and David, and [the process of] rebirthing, with saving my life, honestly I do not know where i'd be now without you both sharing your love and wisdom with me. I will be forever grateful xoxo"

-- Amy Zander, Auckland

"I first experienced rebirthing [breathwork] in the late 1980s and thought I knew what it was about. That was until I went to Pauline McNab for a series of sessions and then subsequently joined Pauline and David's course. They're the real deal. If you're drawn to rebirthing you won't find better."

-- Dr Gavin Kenny, Thames

"It's nothing new about my passion for human performance and wellness! But the BREATH has become a true passion as the main tool to enhance my ability to improve my overall health, become a more conscious human, heal very deep wounds which before I couldn't even know they were there, and I have had the honour to help almost 3,000 people to achieve some healing! Today it marks a very special day to me in my breathwork practice, we have finished 11 months of what I can say without any doubt in my heart, the most profound and tough course I have ever taken in my entire life, 11 months of deep healing, breakthroughs, tears, laughs, I would say this course broke me into pieces and rebuilt me again free! Being prior to that a certified Wim Hof instructor and Advanved Buteyko instructor, I can say without any doubt those were just a warm- up & preparation for my 11 months master Rebirthing and Metaphysical Breathworker course, which I can compare to the NAVY SEALS of breathing course for spiritual healing. Thank you my second mum Pauline Avis McNab and David McNab for this life changing course!!! And all my gorgeous colleagues whom spent those 11 months with me as brothers and sisters!!!

... [this is] without a doubt the most powerful and fulfilling experience I had in my life. Being a breathing coach instructor in other modalities, I have to say this course was much more powerful than any other breathing instructor modalities I have ever engaged. Thank you Pauline and David McNab!"

- Sandro Mota, Life Enhancement Coach, Cambridge

Course Schedule

Starting on the weekend of 20-21 July, 2019, the course will run **every fifth weekend***, from 9am to 7pm each Saturday and 9am to 5pm(ish) each Sunday, over a total of 18 days (approx 150 hours in all).

All weekends except weekend 6 on 20-21 March, 2021, are in Hamilton.

- 1. 26 to 27 September, 2020
- 2. 31 October to 1 November, 2020
- 3. 5 to 6 December, 2020
- 4. 9 to 10 January, 2021
- 5. 13 to 14 February, 2021
- 6. 20 to 21 March, 2021
- 7. 24 to 25 April, 2021
- 8. 29 to 30 May. 2021
- 9. 3 to 4 July, 2021

Course Fees and Payments

This course is an investment in the rest of your life, and can be yours with our easy time payment plans for as little as \$45 per week.

Total fees are less than those of one typical year of university education, and cover all tuition sessions, refreshments, materials and support.

Refer to the website for further information. www.humanevolution.nz